

### Since 2003,

Seed of Hope has recognised the power of collaborating with local community members, equipping them to overcome challenges and create a promising future.

Realising that true development is what people do for themselves, we strive to be a catalyst helping people discover their God-given value and potential, their strengths and resources, and how to use them well.

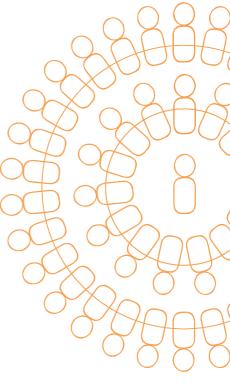
Our vision of thriving communities is built on three essential pillars which together represent a community's future:



# restoring communities through restored individuals

Our programs are based in peri-urban and rural areas surrounding Amanzimtoti, Kwa-Zulu Natal, South Africa.

As a Christian community development ministry, we contribute to lasting change by approaching health, education, economic and faith issues holistically. Our programs facilitate the healthy growth of children and youth, assist families when dealing with social and health related issues, and enable people to gain practical skills for employment or entrepreneurship.







## Child and Youth Development

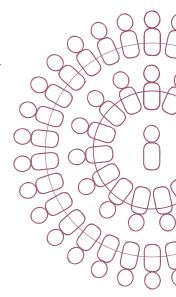
"Equipping tomorrow's leaders with a strong sense of identity, life purpose in God, and a heart for their community through Christian-based life skills, leadership development, career preparation and academic support programs."

#### SIMUNYE PROGRAM

Seed of Hope's after-school program for Grade R-7's equip students to think critically, excel academically and use their creativity and imagination while applying what they have learnt through informed decisions. We partner closely with parents and teachers in the lives of our students.

#### ABAHOLI BAKUSASA PROGRAM

Our objective is to equip tomorrow's leaders with a strong sense of identity, purpose and a heart for their community through life skills, leadership development and career preparation. The program takes place in local senior primary and high schools and emphasises four 'spheres' of life relevant to young people: Faith, Self, Community and their Future.







"I didn't realise I had such low self-esteem. But now I realise that I have value and that God made me for a reason."

Nosipho (Grade 8 student)







### **Community Care**

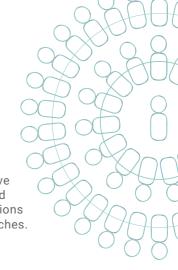
"Developing healthy and stable families who are well-informed and empowered to manage the holistic health of their homes. SOH offers relevant training, counselling, social support, poverty alleviation, and capacity building workshops."

#### **ELDERLY EMPOWERMENT PROGRAM**

In our community over 54% of local children are being raised and provided for by their Gogo (grandmother) - many of whom are dependent on the elderly grant and are responsible for supporting their families. Our two Elderly Support groups reach between 30-40 women on a weekly basis, creating a safe space for them to share, grow and receive counseling, fitness training and support.

#### **COUNSELING AND SOCIAL WORK**

SOH operates as a crisis referral hub, where community members can come and report their situation and receive first contact care. Our mission is to create a safe place to be heard, counseled, and supported with prayer, and to have access to resources including referrals to more specialized services where appropriate. This is achieved through sessions with social workers and a network of local NPOs and churches.



#### **HEALTHY HOMES & FAMILIES**

Healthy Homes and Families (HHF) is a Parent Capacity Building Course: Our Community Care staff reach parents and guardians of students in our Child and Youth Development programs as well as other community members that are eager to improve their parenting skills with a Christian-based capacity building. This course empowers guardians and parents in their personal role in their child's development and wellbeing. The families that have already participated reported a wider understanding about the importance of nutrition, healthy discipline boundaries and communication and that they have an active role to play are more involved in their child's development.









## Skills & Sustainability

"Empowering community members to provide for their families by using available resources and skills training opportunities. SOH offers employment preparation workshops, sewing, computer training, baking, basic entrepreneurial training and mentorship."

#### **BAKE FOR PROFIT**

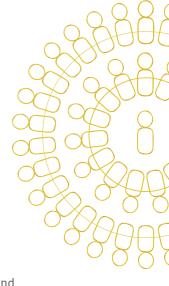
Training unemployed community members with a practical skill that can help them find employment or start their own baking business. It includes relevant business skills like costing, profit and creating a business plan.

#### **SEWING TRAINING PROGRAM**

Learners progress from basic sewing skills, through to fashion and product design. Each week includes a foundational business skill and Christian-based life skill, contributing to the holistic growth of each student. By the end of the program each student has been equipped with skills to start their own small business or pursue their career goals in clothing design.

#### **BASIC COMPUTER SKILLS**

This program includes typing, interview role playing, CV writing, Microsoft Suite, setting up your own email address and understanding the Internet. Students are prepared for the work environment and assisted with job applications.







"I have a bad stutter and have always felt teased and that I don't have a voice or opinion because of it. But this program has built my confidence and now I am able to do more public speaking and share my opinion".







"Your impact isn't about the number of people you reach. It's about how deeply people are affected by your work - and how long it lasts"

Adam Grant







restoring communities
through
restored individuals



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